

## Understanding ACTT Services

ACTT refers to an Assertive Community Treatment Team, who provide intensive, enhanced care in the community and client's homes. The team consists of psychiatrist providers, nurses, mental health therapists, substance abuse professionals, employment specialists, certified peer support specialists, and housing specialists.

Government funded, NC Medicaid Direct/ LME Medicaid is required for ACTT services. If an individual with independently owned insurance or Medicaid, no insurance, or Medicare cannot obtain ACTT services. If an individual has independently owned Medicaid, they can request a transfer back to NC Medicaid Direct/ LME Medicaid. To request to stay in NC Medicaid Direct, fill out the Request to Stay in NC Medicaid Direct and LME-MCO: Beneficiary form: [NC-MedicaidDirect-TransitionForm-Provider-Attestation \(3\).docx](#)

**Purpose:** To provide long-term, evidence-based support to individuals with severe mental illnesses.

**Services:** Includes psychiatric care, medication management, substance use treatment, housing assistance, employment support, and skills training for daily living.

**Approach:** Services are provided in the community, in clients' homes, workplaces, or other familiar environments, with the goal of reducing symptoms and improving overall quality of life.

ACTT services are available 24 hours a day, 7 days a week.

Clients appropriate for ACTT do not benefit from traditional outpatient services and may become at greater risk of hospitalization, homelessness, substance use, victimization and incarceration.

ACTT provides person-centered services addressing the client's needs and working towards personal goals; offering flexibility, individualized care and adjusting levels of care based on the client's current needs.

ACTT works with clients that passively or actively resist services. ACTT offers rapport-building strategies, basic needs facilitation, mental status monitoring, and medication management and compliance.

### *Criteria for ACTT Services:*

18 years or older, severe and persistent mental illness diagnosis, (schizophrenia, psychotic disorders, or bipolar disorder), show significant difficulty with daily living skills, keeping a safe living situation, high risk for psychiatric crisis, hospitalization, homelessness, substance use, or incarceration, and failed outpatient services

### *Disqualifying Criteria:*

Primary diagnosis of substance use disorder, borderline personality disorder, intellectual developmental disability, autism spectrum disorder, or dementia.

For more information on ACTT Services:

[Assertive Community Treatment | NCDHHS](#)

[Assertive Community Treatment Team \(ACTT\) - Monarch](#)

[Assertive Community Treatment Teams \(ACTT\) - RHA Health Services](#)

[Assertive Community Treatment ACTT - Strategic Interventions - Marion, LA](#)