

Burke County Health Department**828-764-9150****700 E. Parker Road Morganton, N.C. 28655****Health Director: Danny Scalise 828-764-9160****Burke County Department of Social Services****828-764-9600****700 E. Parker Road Morganton, N.C. 28655****Burke County United Way 828-433-0681 121****West Union Street Morganton, NC 28655****Burke County Sheriff's Department 828-438-5500****Emergency Assistance/Services****National Response Center & Terrorist Hotline**

828-424-8802

Emergency Services

Burke County Sheriff's Office

Rutherford College 828-874-3400

Hildebran 828-397-4600

Morganton 828-322-5035

Emergency Management 828-433-6609

Burke County Rescue Squad

(For non-emergency) 828-437-0730

Emergency/Disaster Planning

American Red Cross 828-438-8844 or 828-437-1911

(nights / weekends / Holidays)

Office of Emergency Medical Services

Poison Control Center 1-800-222-1222

Family/Financial Assistance**Applying for Public Assistance**

Burke County Department of Social Services

828-764-9600

NC Family Health Resource – for Health Check/Health

Choice 1-800-367-2229 call

Emergency Aid to Families

Burke County United Way 828-433-0681

Salvation Army (Morganton) 828-430-8392

(Hickory) 828-322-8061

Employment Services

Employment Security Commission 828-438-6161

Supplemental Security Income (SSI) and Social Security Disability Income (SSDI)

Social Security Administration 1-800-772-1213

Legal Services

Legal Aid of NC –Morganton 828-437-8280 or

1-800-849-5195

Legal Services of North Carolina

1-919-856-2564 NC Bar Association

(Raleigh) 1-800-662-7407

Lawyer Referral Service 1-800-662-7660

Medical Aid Services

Burke County Medicaid/Medicare Services

828-439-2000 Burke County Prescription Assistance

1-877-321-2652 Medicare Social Security

Administration 1-800-772-1213 Partnership for

Prescription Assistance 1-888-477-2669

Food and Nutrition**Food Banks**

Burke United Christian Ministries

828-433-8075 The Outreach Center

828-439-8300

United Way 1-888-892-1162

Soup Kitchen

Burke United Christian Ministries 828-433-8075

Women, Infants, and Children (WIC) Nutrition Program

Burke County Health Department

828-764-9150

Meals and Nutrition Assistance for Elders

Valdese Community Center 828-879-2132

Blue Ridge Community Action, Inc. 828-438-6255

x226 Meals on Wheels (Catawba County)

828-695-4435

Housing and Shelter**Energy and Utility Assistance**

Burke United Christian Ministries

828-433-8075 East Burke Christian

Ministries 828-397-7074

Home Heating Repairs and Weatherization

Blue Ridge Community Action, Inc. 828-438-6255 x226

Heating Appliance Repair and Replacement Program

(HARRP)

Public and Subsidized Housing

Habitat for Humanity of Burke County

828-437-7844 Housing Authority (Morganton)

828-437-9101

(Valdese) 828-874-0098

Assistance in finding low-cost apartments

Blue Ridge Community Action, Inc. 828-438-6255 x226

Transportation**Transportation Assistance for Individuals with****Disabilities** Western Piedmont Regional Transit

Authority 828-464-9444 Handi-Care 828-437-8429

Specialized Transport

(Conover) 828-441-2000

Family and Community Health**Free Clinic**

Good Samaritan Clinic 828-439-9948 or 9945

Primary Care/Mental Health/Substance**Abuse** Burke Integrated Health

828-624-0300

Mountain Valley Health Center 828-433-0225

Valdese Family Medicine 828-874-1316

Burke Recovery 828-433-1221

Child's Health, Care, Development, and**Support** Burke County Health Department

828-764-9150 Burke County Safe Kids

828-764-9219

Child Care Connections of Burke County, Inc.

Infant/Toddler Enhancement Project

828-439-2328 Child Care Resources, Inc.

1-919-563-3331

Children's Developmental Services Agency

828-432-5430 (Hickory) 828-466-5594

Early Intervention Services for the Deaf and

Hard of Hearing 828-438-5352 or 828-432-5430

Exceptional Children 828-439-4332

Instructional Assistance 828-433-1321

Family, Infant, and Preschool Program

1-800-822-3477 Family Place 828-433-2660 or
2661

The Riddle Institute 828-635-1479

NC Children's Special Health Services

Special Needs Helpline 1-800-737-3028

NC Family Health Resource Line

1-800-367-2229 Health Insurance for
children and teens**Child Support**

Child Support 828-764-9626

Child Support Payment - Information 1-800-992-9457

Parents Support Services

Burke County Literacy Council 828-437-7477

Daycare Services/Subsidies

Blue Ridge Community Action, Inc. 828-438-6255
Circle of Friends Daycare 828-879-2367
Children's Resource Center 828-328-8228
Generations Day Care
828-758-4290 Ext 12 or 13
828-438- 6255 Ext 228/206

Women's Health/Support

Burke County Health Department 828-764-9150
Catawba Mammography Center 828-326-3858
NC Family Health Resource Line
1-800-367-2229 (TTY) 1-800-976-1922
NC Breast & Cervical Cancer Control Prog. 1-800-662-7030
Women's Resource Center (Catawba) 828-322-6333

Family Counseling

Burke United Christian Ministries 828-433-8075
Family Guidance 828-438-3880
Family Guidance Center (Hickory) 828-322-1400
Mimosa Christian Counseling Center 828-433-5600
Repay, Inc. (The Journey Counseling Center) 828-437-6268

Youth Services**Adolescent Services/Troubled Teens**

National Runaway Switchboard
1-800-621-4000 or Instructional Assistance
828-433-1321
Juvenile Justice and Delinquent Prevention
828-433-7893 Parent Resources Hotline
1-800-793-5156
North Carolina Cooperative Extension
828-764-9480 Parent Options- National
1-800-828-8173

Mentoring Programs

Burke County 4-H Foundation 828-439-4460
Big Brother/Sisters 828-430-8357
Repay, Inc. (Just Girls Program) 828-437-6268

Services for Youth with Disabilities

Mentally Handicapped: J. Iverson Riddle Development
Center 828-433-2731
Deaf Services: NC School for the Deaf
828-432-5200 828-433-2901 (TTY)
828-432-5201

Teen Pregnancy

Pregnancy Care Center 828-437-4357

Adoption/Foster Care

Department of Social Services 828-764-9600
Foster Care Service 1-800-662-7030 ext 4622 Foster Home
Recruitment 828-438-3140
Home for Hearts, Inc. 828-430-3140
Act of Caring Adoption Facilitator
1-800-556-5635 Accredited Adoption
Attorney 1-800-637-2882
Adoption with Love 1-800-722-7731
Adoption Division –Catholic Social Services
(Charlotte) 1-704-370-6155

Senior Citizens Services

Blue Ridge Community Action, Inc. 828-438-6255
x230 (Quaker Meadows Generations – Adult
Daycare) Burke County Senior Center
828-430-4147
Burke Country Transit Administration, Inc.
828-438-0867 Morganton/Burke Senior Center
828-430-4147
Senior Adult Information & Referral
828-439-2096 American Association of
Retired Persons (AARP) (Morganton)
828-430-4147
(Hickory) 828-328-2269
Toll Free 1-800-424-3410
Adult Life Programs, Inc. 828-324-1313
Medicaid 828-439-2000
Medicare/Social Security Administration
1-800-772-1213 Western Piedmont Area Agency
on Aging 828-322-9191

Health Care Facilities

Blue Ridge Health Care
Grace Hospital 828-437-1275 828-580-5000
24-hour Emergency Service 828-580-6025
Valdese General Hospital 828-874-2251
24-hour Emergency Service 828-879-7532
Caldwell Memorial Hospital 828-757-5100
Catawba Valley Medical Center 828-326-3000
Frye Regional Medical Center 828-315-5000
Blue Ridge Health Urgent Care 828-580-3278
Mountain View Urgent Care 828-330-2103
Psalms Urgent Care Center 828-438-1117

Palliative Care

Burke County Hospice and Palliative Care
828-879-1601 or 828-893-0297
Caldwell Hospice and Palliative Care 828-754-0101

Disease Prevention (also call Health Care Facilities)**Cancer Prevention and Control**

American Cancer Society (Catawba) 828-328-3581
828-315- 5668 1-800-227-2345 (1-800-ACS-2345)
American Lung Association 1-800-586-4872
Leukemia Society of America (Charlotte) 1-704-998-5012

Communicable Disease Control

Burke County Health Department 828-764-9150
NC Center for Disease Control 1-800-232-4636

Diabetes Prevention and Control

American Diabetes Association (Raleigh)
1-919-743-5400 or(1-888-DIABETES)
Burke County Health Department 828-764-9220
National Diabetes Information Clearinghouse
1-800-860-8747

Heart Disease and Stroke Prevention

American Heart Association 1-800-242-8721 or
(Charlotte) 1-704-374-0632

Immunization

Burke County Health Department 828-764-9150

Oral Health

Good Samaritan Clinic 828-439-9938

Sexually Transmitted Diseases (STD's)

Burke County Health Department 828-764-9150 AIDS Leadership Foothills-Area Alliance (ALFA) 1-800-473-1447 or 828-326-2384 or 2385 (for free HIV Counseling and Testing)
AIDS & HIV Confidential Testing – Next Day Results 1-800-501-9802
C.D.C. National AIDS Hotline
Toll Free (24 hrs) 1-800-342-2437
SIDA (In Spanish) 1-800-344-7432
Text Telephone (TDD) 1-800-243-7889

Other Services

Alzheimer's Association, Inc. 828-254-7363
Alzheimer's Association (Foothills Area) 828-267-7100 Alzheimer's Information and Referrals 1-800-272-3900 Epilepsy Information Service 1-800-642-0500
Kidney Foundation - National
1-704-552-1351 or 1-800-356-5362
National Parkinson Foundation 1-800-522-8855

Deaf Services

NC School for the Deaf 828-432-5200 or 828-433-2901 (TTY) 828-432-5201
NC Division of Services for the Deaf and the Hard of Hearing 1-800-999-8915 or 1-800-205-9920 (TTY)
NC Lions Foundation (for Hearing Aid) 1-800-662-7401 x224

Mentally Handicapped

J. Iverson Riddle Development Center 828-433-2731

Physically Handicapped

Independent Living Rehabilitation Program 828-322-2921 NC
Library for the Blind and Physically Handicapped (Raleigh, NC) 1-888-388-2460 1-919-733-4376

Rehabilitation Services

Western Regional Vocational Rehabilitation 828-433-2423

Other Services (Telephone Reassurance Program) T.A.B (Telephone Assurance of Burke) Program (Burke County Senior Center) 828-430-4147

Alcohol, Tobacco, and Other Drugs

Alcohol and Other Drugs

Burke Council on Alcoholism and Chemical Dependency, Burke Recovery 828-433-1221
Addiction and Trauma Resolution Helpline 1-800-505-0964 (24-hours)
Alcohol 24-hour Abuse & Crisis Intervention Center 1-800-299-6310
Alcohol 24-hour Hotline and Addiction Treatment 1-800-311-3069
24-hour Addictions Referral Network 1-800-577-4714 National Drug and Alcohol Treatment
Referral Hotline 1-800-662-4357 (1-800-662-HELP)
National Clearinghouse for Alcohol and Drug Information 1-800-729-6686 or 1-877-767-8432 (Spanish line)
Celebrate Recovery @CUMC 828-294-6858 x208

Substance Abuse Prevention and Treatment

Burke Council on Alcoholism, Burke Recovery 828-433-1221 Foot Hills Detox / Crisis 1-800-942-1797 or 828-432-2846 McLeod Addiction Disease Center 828-464-1172

Violence, Abuse, or Neglect

Child Abuse and Neglect

Abuse Treatment Program 828-438-3800
Burke County Department of Social Services 828-764-9600
For Emergency 828-438-5500
Burke County Child Neglect & Abuse Reports Hotline 828-764-9600
National Child Abuse Hotline 1-800-422-4453

Rape/Sexual Assault

Burke United Christian Ministries 828-433-8075
Options, Inc. (24-hours) 828-438-9444
Aid to Victims of Sexual Assault
Rape Crisis & Domestic Violence
Rape Crisis Center of Catawba 828-322-6011
Careline-State Human Resources 1-800-662-7030

Crisis Counseling

Options, Inc. (24-hours) 828-438-9444
Careline - State Human Resources (Raleigh) 1-800-662-7030

Counseling – Criminal Justice

Repay, Inc. 828-438.6218
For Sentencing and Pretrial services, and Genesis Project

Smoking and Tobacco Use Prevention

National Quitline 1-800-7848-669 (1-800-QUIT-NOW)

Mental Health Services

Broughton Hospital 828-433-2111
Catawba Valley Behavioral Healthcare 828-438-6226 Burke Integrated Health 828-624-0300
Cognitive Connections 828-327-6026
Frye Regional Medical Center Behavioral Healthcare 828-328-2226

Services for People with Disabilities

Blind Services

Aid to the Blind 828-439-2000
Leader Dogs for the Blind 1-888-777-5332
NC Eye and Human Tissue Bank 1-336-765-0932 (Winston Salem, NC)
NC Library for the Blind and Physically Handicapped (Raleigh, NC) 1-888-388-2460 1-919-733-4376

Domestic Violence (Spouse Abuse)

Options, Inc. (24-hours) 828-438-9444
Family Guidance Center (Hickory) 828-322-1400
National Domestic Violence Hotline 1-800-799-7233 (24-hours) 1-800-787-3224 (Call 911 if you are in immediate danger) Care-Line 1-800-662-7030

Shelters

Options, Inc. (Battered Women Shelter 24-hours) 828-438-9444

The Meeting Place (Shelter for homeless men) 828-439-9921

Violence Prevention and Intervention Services

Repay Inc. (Sexual Abuse Intervention Services) 828-437-6268

Abuse and Neglect of Individuals with Disabilities and Elderly Abuse or Exploitation

Burke County Department of Social Services 828-764-9600

Veteran's Services

Burke County Veterans Services 828-439-4376
Disabled American Veterans (Raleigh) 1-919-833-5567
Veterans Regional Office (Benefits & Information) 1-800-827-1000

Environmental Services

Burke County Health Department 828-764-9150 or
828-764-9240
Burke County Landfill 828-433-9500

Animal Control

Burke County Animal Control 828-438-5465 828-438-2782
BC Friends for Animals Adoption Center 828-433-1115

Consumer/Other Services

Consumer Credit Counseling Service 828-438-3880
Consumer Product Safety 1-800-638-2772
Consumer Protection Section of Attorney General's Office
(Raleigh, NC) 1-919-716-6000

Federal Trade Commission (Consumer Advice)

1-877-382-4357 (TTY) 1-866-653-4261

ID Theft 1-877-438-4338

Burke County Chamber of Commerce 828-437-3021 Burke
County Libraries

Hildebran 828-397-3600

Morganton 828-437-5638

Valdese 828-874-2421

Voter Registration 828-764-9010